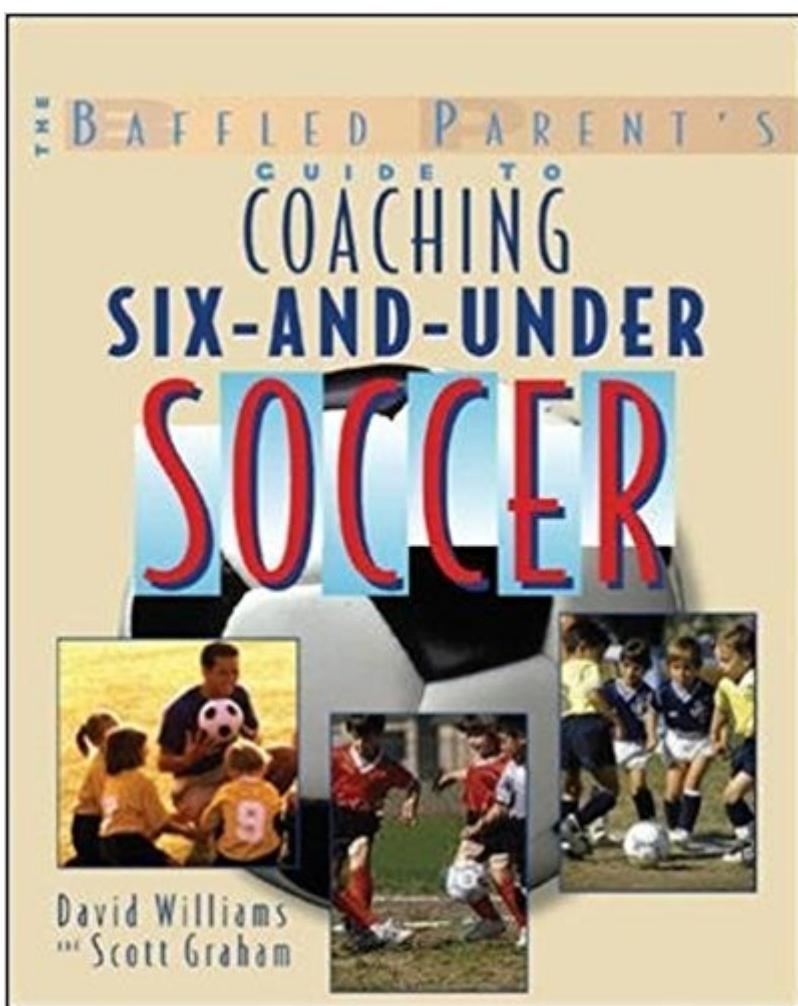


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# The Baffled Parent's Guide To Coaching 6-and-Under Soccer (Baffled Parent's Guides)



## Synopsis

"Scott and David have done a fantastic job getting into the psyche of these very young players. What I really love is their emphasis on FUN, and that kids learn by DOING. This book will make a great extra assistant as you prepare for your season." •Bobby Clark, Head Soccer Coach, University of Notre Dame; author of the best-selling *Coaching Youth Soccer: The Baffled Parent's Guide* Coach. You're the new coach of your child's soccer team, and you're not sure how to teach your players the fundamentals of soccer while also ensuring they have fun. Don't panic! •*Coaching 6-and-Under Soccer* is here to help. *Coaching 6-and-Under Soccer* offers straightforward advice, tips, and techniques, including reward-based games and drills; your first six practices in an easy-to-photocopy format; and how to teach soccer basics to 4-, 5-, and 6-year-olds in ways that are fun for you and your players. This complete tool kit for a new coach includes: The twelve easy-to-run drills that work best with young soccer players How to keep your young players happy and active while they learn How to make parents your best assistants and supporters How to keep the focus where it belongs! •not on winning or losing, but on having fun How to have a terrific time coaching young players "Coaching 6-and-Under Soccer shows you how to teach your young players the right way! •through lively games that encourage kids to use their creativity and self-expression when playing." •Brandi Chastain, Olympic and World Cup Soccer Champion; author of *It's Not About the Bra: Play Hard, Play Fair, and Put the Fun Back into Competitive Sports* "I have no doubt that young players will come to love the game of soccer if their coaches follow the simple, straightforward advice in this book." •Anson Dorrance, Head Women's Soccer Coach, University of North Carolina; author of *The Vision of a Champion: Advice and Inspiration from the World's Most Successful Women's Soccer Coach* "I highly recommend this terrific book to coaches who want to instill good sportsmanship and the love of the game in their young players while building a solid foundation in basic soccer skills and teamwork." •Jeremy Gunn, Head Men's Soccer Coach, Fort Lewis College

## Book Information

Series: Baffled Parent's Guides

Paperback: 176 pages

Publisher: International Marine/Ragged Mountain Press; 1 edition (August 5, 2005)

Language: English

ISBN-10: 0071456287

ISBN-13: 978-0071456289

Product Dimensions: 7.3 x 0.3 x 9.1 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 24 customer reviews

Best Sellers Rank: #518,641 in Books (See Top 100 in Books) #58 in Books > Sports & Outdoors > Coaching > Children's Sports #118 in Books > Sports & Outdoors > Coaching > Soccer #434 in Books > Sports & Outdoors > Soccer

## Customer Reviews

"Scott and David have done a fantastic job getting into the psyche of these very young players. What I really love is their emphasis on FUN, and that kids learn by DOING. This book will make a great extra assistant as you prepare for your season." •Bobby Clark, Head Soccer Coach, University of Notre Dame; author of the best-selling Coaching Youth Soccer: The Baffled Parent's Guide Coach. You're the new coach of your child's soccer team, and you're not sure how to teach your players the fundamentals of soccer while also ensuring they have fun. Don't panic! •Coaching 6-and-Under Soccer is here to help. Coaching 6-and-Under Soccer offers straightforward advice, tips, and techniques, including reward-based games and drills; your first six practices in an easy-to-photocopy format; and how to teach soccer basics to 4-, 5-, and 6-year-olds in ways that are fun for you and your players. This complete tool kit for a new coach includes: The twelve easy-to-run drills that work best with young soccer players How to keep your young players happy and active while they learn How to make parents your best assistants and supporters How to keep the focus where it belongs! •not on winning or losing, but on having fun How to have a terrific time coaching young players "Coaching 6-and-Under Soccer shows you how to teach your young players the right way! •through lively games that encourage kids to use their creativity and self-expression when playing." •Brandi Chastain, Olympic and World Cup Soccer Champion; author of It's Not About the Bra: Play Hard, Play Fair, and Put the Fun Back into Competitive Sports "I have no doubt that young players will come to love the game of soccer if their coaches follow the simple, straightforward advice in this book." •Anson Dorrance, Head Women's Soccer Coach, University of North Carolina; author of The Vision of a Champion: Advice and Inspiration from the World's Most Successful Women's Soccer Coach "I highly recommend this terrific book to coaches who want to instill good sportsmanship and the love of the game in their young players while building a solid foundation in basic soccer skills and teamwork." •Jeremy Gunn, Head Men's Soccer Coach, Fort Lewis College David Williams is a lifelong soccer player, a dedicated coach, and an avid student of the game. He currently heads the 4- and 5-year-old division of the summer

soccer camps sponsored by Fort Lewis College in Durango, Colorado. Scott Graham is an author, journalist, and coach to young soccer players.

David Williams heads the four- and five-year-old division of the summer soccer camps sponsored by Fort Lewis College, in Durango, Colorado. Scott Graham is an author, journalist, father, and coach of young soccer players.

Soccer dad with no soccer experience. My daughter's coach is good but I wanted to get involved with some practicing at home. I was going about it totally wrong and probably was starting to turn her off to the sport. After devouring this book, my daughter and I have been having a great time practicing together. Within days, her skills have dramatically improved. She has gone from just kicking the ball as hard as she could to dribbling and passing and trapping and shooting. She is now one of the better on the team. But really, she enjoys it so much more because I followed the philosophy of this book. She comes to me regularly and wants to play red light green light. A side benefit, if the coach is late or busy, I am completely comfortable running some drills to get the team going and practicing and engaged. Very happy with this book.

This book delivers on the title promise - it really is a quick-read how-to guide on coaching 6-and-under soccer. I've coached youth soccer several times, and I bought this book with the idea that it would help add some polish to what I was already doing. I can't say that the book provided any new revelations, but it did provide a structure, philosophy, and progression to the way I was already coaching. That is, I found the book very valuable. I will use the information provided as I coach our upcoming season. If I was offering any criticism, it would be that the set-up for some of the drills was a little lame. Good drills, just a lame set-up. Also, the guide over-emphasizes the philosophy of non-competitiveness (e.g., strongly recommends no goalies). Otherwise, I thought the author was spot on -- I'd like to see our league provide this book for all new coaches, especially coaches for the younger players.

Let me start by saying that I know the game of soccer and am familiar with the rules of the game...BUT when coaching kids under 6 you can throw pretty much all you know out the window! This book is a great reference to coaching the little ones. It gives great insight into the do's and don'ts of coaching young children and offers lots of games as an alternative to "drills" that your Kindergartener or 1st grader will love. They learn the basics of ball handling and they don't even

realize it! It walks you through step by step the first 6 practices and your first game day. It also gives you minute by minute sample practices and example letters for parents regarding the season and what your ultimate goal is. This is my first season coaching my 5 year old and this book has been essential to me. Shelly

Perfect book for someone who is about to coach 4/5/6 year olds. Very easy to read, they give great descriptions of games and drills to do with the kids, how to set up practices, minute-by-minute practice schedules, and a whole lot more. This was a life savior when I volunteered to coach my daughter's team!

This was a great support as I coached my son's K-2 soccer team - the games and skills were easy to implement, the practice plans were easy to adjust and use to plan practices. The only thing I struggled with was some of the 'violence' if you will in the games and scenarios, these days in schools even as the soccer coach it is a bit hard to encourage the Elmer Fudd game where the hunters shoot the ball at the rabbits, I get the theory but in todays schools I had to adjust some of the scenarios. Otherwise my kiddos really loved the play atmosphere of practice and LOVED coming to get going on the fun 'games' that teach skills...

This is an excellent purchase for anyone taking on the task of coaching U6 and under. I am a second year U5 coach and had no clue where to begin. The book addressed most of my concerns. If you are new at soccer or have been around for a while - coaching 3,4 and 5 year olds is a far different beast than your older kids. Great book - lots of personal stories that will make you laugh and most of all encouraging you as a coach to have fun with this age group. Because it is all about fun for U6 and under.

Fantastic book!!! If you're looking to coach a young team, then buy this book! I'm a first time coach for 5 year old girls team. This helped me better understand how to teach them. Just in the second practice, the girls started to get a good handle on dribbling. Had our first game yesterday and they really did great handling the ball/scoring goals. The practice schedules in the back are very good and fast paced. I recommend even cutting them down to 8-minutes each, as there's always something that delays the breaks.

As a newly recruited soccer coach for a 6-7 year old group, I needed a book that was well organized

and gave me the information I needed in a concise way. This book covers the basics from start of the practice season to the end of the game season. The book is short, easy to read and has great insight into the best way to teach this young group--get everyone involved and have fun while the players learn. There are a lot of good suggestions for drills that keep this age group entertained but still allows you to teach. It packs a lot of information into it's small size.

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